

Education & Outreach: *How am I not myself*

Miro Dance Theatre offers a variety of master classes, choreographic workshops, interactive lecture demonstrations, and open rehearsals that support Miro's unique views on integrating contemporary dance, video, and visual art. For *How am I not Myself?* Miro and Viji Rao have put together a package of residency and outreach options that address the themes and ideas associated with moving from the classical dance forms to the contemporary, seeking to promote learning in both these areas. **Residency activities are catered to the needs, interest, and experience levels of each community.**

Master Classes for *How am I not Myself?* share the expertise and movement philosophy of Amanda Miller and Viji Rao.

Ballet Technique, Contemporary Technique, Bharatnatyam Technique, Improvisation and Repertory*

*teaches classical or contemporary choreography used in the production *How am I not Myself* to pre-professional, professional and college level students.

Lecture Demonstrations incorporate discussion, performance, and audience participation to engage the host community, and create excitement and interest in the process and performance.

Digital Duets led by Tobin Rothein, a lecture demonstration focusing on the shared partnership of dance and video, the interaction of the live and recorded, and the importance of art over technology. *In conjunction with How am I not myself, this lecture demonstration will include a focus on the use of documentary video technique in performance, and the specific applications and process used in the production.*

The New Classical led by Amanda Miller, a lecture demonstration focusing on ballet and classical technique in progressive and experimental dance work. *In conjunction with How am I not myself, this lecture demonstration will include a focus on Bharatnatyam in contemporary work, and will be led by both Viji Rao and Amanda Miller.*

Educational workshops and Open rehearsals catered to this production are also available.

To arrange for residency activities contact:

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